ABSTRACT

The European E-men project was set up to develop an e-mental health innovation and transnational implementation platform in Northwest Europe. The project is promoting better and accessible mental health care through the increased use of e-mental health interventions in a six-country European Union partnership. Funded by the Interreg North-West Europe Programme, the project aims to support the development and testing of electronic interventions in the different partner countries, and to increase awareness about the potential of e-mental health through seminars, publications and the development of policy recommendations. Developing a better understanding of e-mental health acceptance is an important part of the E-men project, as it works to provide guidance on how to increase broader and responsible implementation. In this presentation, we will focus specifically on one of these actions, namely the analyses of the representations and declared practices of members of the field of psychiatry and mental health in the context of rapid and disruptive technological developments. We will address this question on the basis of the results of an empirical survey (the Qualitative and Quantitative study of m-Health expectations and uses by all stakeholders) conducted by the World Health Organization (WHO) Collaborating Centre of Lille (France), in the framework of its involvement in the E-men project.

DIGITAL IN MENTAL HEALTH: « FASHIONABLE GIMMICK » OR « TRUE INNOVATIVE TOOL »?

Results of the study EQUME (Qualitative and Quantitative study of m-Health expectations and uses by all stakeholders)

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